



**Pacifica School District Parent Council**  
presents a co-sponsored event with the

## **Partnership for a Safe and Healthy Pacifica**

**Tuesday  
May 19, 2009  
7:00-8:30 p.m.**

**Vallemar School  
Multi Purpose Room (MPR)**

Parents of all 5<sup>th</sup>-8<sup>th</sup> grade Pacifica School District students are invited to attend a presentation entitled:

### **How to Help Transition Your 8<sup>th</sup> Grader to High School**

Parent Council, in connection with the Partnership for a Safe and Healthy Pacifica, will provide a Parent Education series during the 2008-09 school year addressing topics of concern to 5<sup>th</sup>-8<sup>th</sup> grade parents.

Jenna Gilman, Marriage and Family Therapist, will provide presentations and/or lead group discussions. She is a local therapist who has more than 15 years of experience working with parents, couples, teens, and children of all ages.

Jenna joined the Partnership in 2005 as a resource to educate parents about teen issues and assist families during this difficult life transition. She embraces opportunities to empower families by teaching communication skills that build trust, confidence and positive relationships between teens and their parents.

**Participation is FREE.**

Childcare available IF you CALL AHEAD with number of children  
Call 650.738.6600